

ENNEAGRAM LEVEL 2

DEEPER MAPPING OF SELF AND OTHERS

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ENNEAGRAM LEVEL 2 – DEEPER MAPPING OF SELF AND OTHERS

Duration: 4 days / 16 hours

Prerequisite: Completion of Enneagram Level 1

Price: €360

Certificate: Certified and accredited in WEA, Berlin

Deepen your understanding of yourself and others.

If Level 1 was your awakening, Level 2 is your insight.

This advanced training brings deeper layers of awareness: you'll uncover hidden aspects of your type, understand mechanisms of transformation, and learn how we unconsciously project our patterns onto others.

You will start seeing beneath the surface – in yourself and in others.

This training transforms how you communicate, understand conflict, and connect authentically.

Key Benefits:

- Deeper insight into your type's internal conflicts
- Awareness of growth and stress patterns (arrows, integration/disintegration)
- Higher emotional literacy – recognizing subtle internal impulses
- Skills to identify types in others without projecting or judging
- Tools for resolving tension in relationships by understanding core motivations
- Applying the Enneagram in family, romantic, and workplace settings
- Advanced work on boundaries, emotional autonomy, and authentic expression

What You'll Learn:

- Arrow dynamics: how your type responds to stress and safety
- Wings: how adjacent types shape your personality
- Subtypes (instinctual variants) and how they affect your needs and relationships
- Evolution of types through developmental stages
- Exercises to detect type in others through body language, narrative, and word choice
- Common conflicts between types – and how to resolve them constructively
- Practices for active listening, empathic responding, and emotional resonance

Methodology:

- Analytical and reflective partner and small group exercises
- Simulations of typical type-based conflicts
- Workshops for uncovering unconscious dynamics in relationships
- Between-session assignments for deeper integration
- Audio and video materials for self-study





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When you see yourself more clearly, you see others with more compassion.

Enneagram Level 2 offers you a detailed map of your inner landscape – and the keys to authentic relationships, both within and beyond yourself.

FAQ – ENNEAGRAM LEVEL 2

1. Can I join if I haven't completed Level 1?

→ No. Completion of Enneagram Level 1 is required to fully engage with the material and build on the foundation.

2. Is this just theory-based?

→ No. The program is highly experiential, with interactive exercises, real-life simulations, and hands-on analysis.

3. Will this help me better understand my relationships at home and at work?

→ Absolutely. A significant part of Level 2 is dedicated to applying the Enneagram in relationships – addressing conflict, boundaries, and authentic connection.

4. Will I receive a certificate?

→ Yes. Upon completion, you'll receive an internationally certified certificate accredited in Berlin.

5. How long is the training?

→ The training spans 4 days (a total of 16 hours), with space for practical implementation and individualized support.

